

Vegetables

lettuce, tomatoes, avocado, garlic, celery, broccoli, banana pepper, zucchini, onions, red bell peppers, jalpenos, cilantro, corn, spinach, long grain rice, beans, limes, lemons, potatoes, cucumbers, cabbage, tomatillo, carrots,

Fruits

cantalupe, mango, orange, pineapple, banana, watermelon, grapefruit, Strawberries, guavas, Cinnamon sticks,