

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b> B: Turkey Sausage, Biscuits, --, Strawberries, milk/whole,skim,1%,soy</p> <p>L: Chicken Legs, Rice (wild or brown)-WG(WG), Brussels Sprouts, Fruit Cocktail, milk/whole,skim,1%,soy</p> <p>P: String Cheese, Goldfish-WG(WG), Apples</p>	<p><b>2</b> B: Cheese, English muffins-WG(WG), --, Fruit Cocktail, milk/whole,skim,1%,soy</p> <p>L: Fish Unbreaded, buns/rolls/bread-WG(WG), Peas and Carrots, Pears, milk/whole,skim,1%,soy Fish Sticks</p> <p>P: Yogurt, Oat Squares-WG(WG), Mixed Fruit</p>	<p><b>3</b> B: Cheerios/MultiGrain Cheerios-WG(WG), Pears, milk/whole,skim,1%,soy</p> <p>L: Pork, Pulled, buns/rolls/bread-WG(WG), Cole Slaw, Oranges, milk/whole,skim,1%,soy BBQ Sandwich with slaw and french fries.</p> <p>P: Graham Crackers(WG), Applesauce</p>	<p><b>4</b> B: Egg, buns/rolls/bread-WG(WG), Mandarin Oranges, milk/whole,skim,1%,soy</p> <p>L: Beef Ground, Noodles/Pasta-WG(WG), Corn, Peaches, milk/whole,skim,1%,soy Spaghetti and meatballs.</p> <p>P: --, Teddy Grahams(WG), Pineapple</p>	<p><b>5</b> B: --, Waffles, Bananas, milk/whole,skim,1%,soy</p> <p>L: Beef &amp; Cheese, Tortilla-WG(WG), Broccoli, Apples, milk/whole,skim,1%,soy Tacos with cinnamon apples, raw broccoli and cauliflower. Ranch dressing for dip.</p> <p>P: --, Goldfish-WG(WG), Mandarin Oranges</p>
<p><b>8</b> B: Oat Squares-Brown Sugar-WG(WG), Bananas, milk/whole,skim,1%,soy</p> <p>L: Beef Steak, buns/rolls/bread-WG(WG), Beans, Applesauce, milk/whole,skim,1%,soy chopped steak, mashed potatoes, green beans applesauce.</p> <p>P: Hummus, Crackers-WG(WG), Carrots, Mixed Fruit raw carrots and cauliflower.</p>	<p><b>9</b> B: Eggs, Hard Boiled, French toast-WG(WG), Pears, milk/whole,skim,1%,soy</p> <p>L: Chicken, Rice (wild or brown)-WG(WG), Peas, Peaches, milk/whole,skim,1%,soy chicken with brown rice,</p> <p>P: Tortilla-WG(WG), Salsa, Pears Whole Grain Tortilla chips.</p>	<p><b>10</b> B: --, Waffles, Blueberries, milk/whole,skim,1%,soy</p> <p>L: Corn Dog, Noodles/Pasta-WG(WG), Potatoes, Fruit Salad, milk/whole,skim,1%,soy fries</p> <p>P: Cheese, Crackers-WG(WG), Apple Juice</p>	<p><b>11</b> B: Pancakes(WG), Mandarin Oranges, milk/whole,skim,1%,soy</p> <p>L: Ham, buns/rolls/bread-WG(WG), Potato Salad, Fruit Cocktail, milk/whole,skim,1%,soy meatball subs with cheese.</p> <p>P: Yogurt, Goldfish Crackers</p>	<p><b>12</b> B: Canadian Bacon, Bagel-WG(WG), --, Blueberries, milk/whole,skim,1%,soy</p> <p>L: Beef &amp; Cheese, Pizza Crust-WG(WG), Corn, Tossed Salad, milk/whole,skim,1%,soy</p> <p>P: Peanut Butter, Pretzels-WG(WG), Apples</p>

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<p><b>15</b></p> <p><b>B:</b> --, Cheerios/MultiGrain Cheerios-WG(WG), Bananas, milk/whole,skim,1%,soy</p> <p><b>L:</b> Fish sticks, Rice (wild or brown)-WG(WG), Corn, Cole Slaw, milk/whole,skim,1%,soy</p> <p><b>P:</b> String Cheese, Goldfish-WG(WG), Apples</p>	<p><b>16</b></p> <p><b>B:</b> --, Pancakes, Pears, milk/whole,skim,1%,soy</p> <p><b>L:</b> Chicken Strips/Tenders, buns/rolls/bread-WG(WG), Broccoli, Mandarin Oranges, milk/whole,skim,1%,soy <small>broccoli/cheese</small></p> <p><b>P:</b> Tortilla Chips(WG), Salsa, Peaches <small>Peach salsa with black beans and corn.</small></p>	<p><b>17</b></p> <p><b>B:</b> --, Waffles, Pineapple, milk/whole,skim,1%,soy</p> <p><b>L:</b> Beef Ground, Noodles / Pasta, Tossed Salad, Apples, milk/whole,skim,1%,soy <small>county fried steaks,mashed potatoes</small></p> <p><b>P:</b> Peanut Butter, Graham Crackers(WG), Carrots, --</p>	<p><b>18</b></p> <p><b>B:</b> Egg &amp; Cheese, buns/rolls/bread-WG(WG), Tomatoes, Pineapple, milk/whole,skim,1%,soy <small>egg/cheese and tomato sandwich</small></p> <p><b>L:</b> Turkey &amp; Cheese, buns/rolls/bread-WG(WG), Baked Beans, Peaches, milk/whole,skim,1%,soy <small>slider</small></p> <p><b>P:</b> Yogurt, Oat Squares-Brown Sugar-WG(WG), Mixed Fruit</p>	<p><b>19</b></p> <p><b>B:</b> Turkey Sausage, English muffins-WG(WG), --, Strawberries, milk/whole,skim,1%,soy</p> <p><b>L:</b> Cheese, Pizza Crust, Sweet Potato, Fruit Salad, milk/whole,skim,1%,soy <small>sweet potatoe fries</small></p> <p><b>P:</b> Cheese, Wheat Crackers(WG), Blueberries <small>pimento cheese</small></p>
<p><b>22</b></p> <p><b>B:</b> Cheerios/MultiGrain Cheerios-WG(WG), Blueberries, milk/whole,skim,1%,soy</p> <p><b>L:</b> Chicken Salad, Croissants(WG), Lettuce And Tomato, Pears, milk/whole,skim,1%,soy</p> <p><b>P:</b> Peanut Butter, Pretzels-WG(WG), Apples</p>	<p><b>23</b></p> <p><b>B:</b> --, French Toast, Mixed Fruit, milk/whole,skim,1%,soy</p> <p><b>L:</b> Corn Dog, buns/rolls/bread-WG(WG), Potatoes, Grapes, milk/whole,skim,1%,soy</p> <p><b>P:</b> Hummus, Wheat Crackers(WG), Cauliflower, Mixed Fruit <small>raw carrots also served with cauliflower.</small></p>	<p><b>24</b></p> <p><b>B:</b> Sausages, buns/rolls/bread-WG(WG), Grapes, milk/whole,skim,1%,soy</p> <p><b>L:</b> Ham &amp; Cheese, buns/rolls/bread-WG(WG), Mixed Vegetables, Pineapple, milk/whole,skim,1%,soy <small>egg salad stuffed pita</small></p> <p><b>P:</b> Nuts, Cheese Crackers(WG), Bananas <small>homemade trail mix with cheerios and dried cranberries also added.</small></p>	<p><b>25</b></p> <p><b>B:</b> Canadian Bacon, English muffins-WG(WG), --, Oranges, milk/whole,skim,1%,soy</p> <p><b>L:</b> Beef Meatballs, buns/rolls/bread-WG(WG), Sweet Potato, Tossed Salad, milk/whole,skim,1%,soy <small>meatball sub with wg sub roll and cheese. Sweet potato fries</small></p> <p><b>P:</b> Peanut Butter, Graham Crackers(WG), Apples</p>	<p><b>26</b></p> <p><b>B:</b> Pancakes(WG), Strawberries, milk/whole,skim,1%,soy</p> <p><b>L:</b> Turkey &amp; Cheese, buns/rolls/bread-WG(WG), Celery &amp; Carrot Sticks, Pears, milk/whole,skim,1%,soy</p> <p><b>P:</b> Yogurt, Cheese Crackers(WG) <small>cheese nips WG</small></p>

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<p><b>29</b></p> <p><b>B:</b> Waffles(WG), Fruit Cocktail, milk/whole,skim,1%,soy</p> <hr/> <p><b>L:</b> Beef Ground, Noodles/Pasta-WG(WG), Corn, Tossed Salad, milk/whole,skim,1%,soy</p> <hr/> <p><b>P:</b> Peanut Butter, Goldfish-WG(WG), Celery</p>	<p><b>30</b></p> <p><b>B:</b> Sausages, Biscuits, Bananas, milk/whole,skim,1%,soy <small>sausages biscuits</small></p> <hr/> <p><b>L:</b> Chicken Nuggets, buns/rolls/bread-WG(WG), Baked Beans, Mandarin Oranges, milk/whole,skim,1%,soy</p> <hr/> <p><b>P:</b> Cheese, Crackers-WG(WG), -- <small>cheese cubes</small></p>	<p><b>31</b></p> <p><b>B:</b> --, Waffles, --, Applesauce, milk/whole,skim,1%,soy</p> <hr/> <p><b>L:</b> Pork, Pulled, buns/rolls/bread-WG(WG), Potatoes, Pears, milk/whole,skim,1%,soy</p> <hr/> <p><b>P:</b> Yogurt, Teddy Grahams(WG), --</p>		

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<b>1</b>	<b>B:</b> 0-5 Months Breast Milk / Iron Fort. Infant Formula  6-11 Months Breast Milk / Iron Fort. Infant Formula, Infant vegetable, Infant Fruit, Iron Fortified Infant Cereal, Infant meat/cereal/alt	<b>2</b>	<b>B:</b> 0-5 Months Breast Milk / Iron Fort. Infant Formula  6-11 Months Breast Milk / Iron Fort. Infant Formula, Infant vegetable, Infant Fruit, Iron Fortified Infant Cereal, Infant meat/cereal/alt	<b>3</b>	<b>B:</b> 0-5 Months Breast Milk / Iron Fort. Infant Formula  6-11 Months Breast Milk / Iron Fort. Infant Formula, Infant vegetable, Infant Fruit, Iron Fortified Infant Cereal, Infant meat/cereal/alt	<b>4</b>	<b>B:</b> 0-5 Months Breast Milk / Iron Fort. Infant Formula  6-11 Months Breast Milk / Iron Fort. Infant Formula, Infant vegetable, Infant Fruit, Iron Fortified Infant Cereal, Infant meat/cereal/alt	<b>5</b>	<b>B:</b> 0-5 Months Breast Milk / Iron Fort. Infant Formula  6-11 Months Breast Milk / Iron Fort. Infant Formula, Infant vegetable, Infant Fruit, Iron Fortified Infant Cereal, Infant meat/cereal/alt
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Monday	Tuesday	Wednesday	Thursday	Friday
22	23	24	25 L: _____ 0-5 Months -- _____ 6-11 Months --, --, --, --, --	26
29	30	31		