

2018 APPENDIX B
BUILDING CODE SUMMARY FOR ALL COMMERCIAL PROJECTS
(EXCEPT 1 AND 2-FAMILY DWELLINGS AND TOWNHOUSES)

Name of Project: MINDFUL THERAPY
Address: 3266 RAY ROAD, SPRING LAKE, NC Zip Code 28390
Proposed Use: THERAPY OFFICES
Owner or Authorized Agent: JASON WELLS Phone (910) 436-9191 E-Mail jason@wellsrealty.com
Owned By: Private City/County State
Code Enforcement Jurisdiction: City County HARNETT State NORTH CAROLINA

CONTACT: <u>GEORGE M. ROSE, P.E.</u>				
DESIGNER	FIRM	NAME	LICENSE #	TELEPHONE #
Architectural				
Civil	N/A	N/A		<u>george@mprpe.com</u>
Electrical	N/A	N/A		
Fire Alarm	N/A	N/A		
Plumbing	N/A	N/A		
Mechanical	N/A	N/A		
Sprinkler-Standpipe	N/A	N/A		
Structural	N/A	N/A		
Precast	N/A	N/A		
Retaining Walls >5' Building	<u>GEORGE M. ROSE, P.E.</u>	<u>GEORGE M. ROSE</u>	<u>1135</u>	<u>910-471-5622</u>

2018 NC CODE FOR: New Construction
 1st Time Interior Completion
 Shell/Close
 Phased Construction - Shell/Close
 Renovation

2018 NC EXISTING BUILDING CODE: Prescriptive Repair Chapter 14
 Level I Level II Level III
 Alteration Historic Property Change of Use

CONSTRUCTED: 1970 **ORIGINAL OCCUPANCY(S)** (Ch. 3):
RENOVATED: _____ **CURRENT OCCUPANCY(S)** (Ch. 3): STORAGE 5-2
RISK CATEGORY (table 1604.5) **Current:** I II III IV V
Proposed: I II III IV

BASIC BUILDING DATA
Construction Type: I-A II-A III-A IV V-A
 I-B II-B III-B V-B
Sprinklers: No Partial Yes NFPA 13 NFPA 13R NFPA 130
Standpipes: No Yes Class: I II III IV Wet Dry Yes
Fire District: No Yes (Primary) Flood Hazard Area: No Yes
Special Inspections Required: No Yes

Gross Building Area:

FLOOR	EXISTING (SQ FT)	NEW (SQ FT)	RENOVATED (SQ FT)	SUB-TOTAL
6th Floor				
5th Floor				
4th Floor				
3rd Floor				
2nd Floor				
Mezzanine				
1st Floor	<u>1,208</u>		<u>1,208</u>	
Basement				
TOTAL	<u>1,208</u>		<u>1,208</u>	

ALLOWABLE AREA
Primary Occupancy Classification: **SELECT ONE**
Business A-1 A-2 A-3 A-4 A-5
Educational F-1 Moderate F-2 Low H-1 Detonate H-2 Deflagerate H-3 Combust H-4 Health H-5 HPM
Factory I-1 CONDITION I-2 I-3 I-4
Hazardous I-1 CONDITION I-2 I-3 I-4
Institutional I-1 CONDITION I-2 I-3 I-4
Mercantile R-1 R-2 R-3 R-4
Residential S-1 Moderate S-2 Low High-piled
Storage Parking Garage Open Enclosed Repair Garage
Utility and Miscellaneous

Accessory Occupancy Classification(s): _____
Incidental Uses (Table 509): _____
Special Uses (Chapter 4 - List Code Sections): _____
Special Provisions (Chapter 5 - List Code Sections): _____
Mixed Occupancy: No Yes Separation: _____ Hr. Exception: _____
 Non-Separated Use (508.3)
The required type of construction for the building shall be determined by applying the height and area limitations for each of the applicable occupancies to the entire building. The most restrictive type of construction, so determined, shall apply to the entire building.
 Separated Use (508.4)
See below for area calculations for each story, the area of the occupancy shall be such that the sum of the ratios of the actual floor area of each use divided by the allowable floor area for each use shall not exceed 1.
for each use divided by the allowable floor area for each use shall not exceed 1.

$$\frac{\text{Actual Area of Occupancy A}}{\text{Allowable Area of Occupancy A}} + \frac{\text{Actual Area of Occupancy B}}{\text{Allowable Area of Occupancy B}} \leq 1$$

STORY NO.	DESCRIPTION AND USE	(A) BLDG AREA PER STORY (ACTUAL)	(B) TABLE 506.2.4 AREA	(C) AREA FOR FRONTAGE INCREASE ^{1,5}	(D) ALLOWABLE AREA PER STORY OR UNLIMITED ^{2,3}
1	BUSINESS	<u>1,208</u>	<u>14,000</u>		

- 1 Frontage area increases from Section 506.3 are computed thus:
 - a. Perimeter which fronts a public way or open space having 20 feet minimum width = _____ (F)
 - b. Total Building Perimeter = _____ (P)
 - c. Ratio (F/P) = _____ (F/P)
 - d. W = Minimum width of public way = _____ (W)
 - e. Percent of frontage increase $I_f = 100 [F/P - 0.25] \times W/30 = _____$ (%)
- 2 Unlimited area applicable under conditions of Section 507.
- 3 Maximum Building Area = total number of stories in the building x D (minimum 3 stories) (506.2).
- 4 The maximum area of open parking garages must comply with Table 406.5.4.
- 5 Frontage increase is based on the unspinklered area value in Table 506.2.

ALLOWABLE HEIGHT		
BUILDING HEIGHT IN FEET (TABLE 504.3)	ALLOWABLE (TABLE 503)	SHOWN ON PLANS / CODE REFERENCE
Building Height in Feet (Table 504.3)	<u>55'</u>	<u>I1'-4"</u>
Building Height in Stories (Table 504.4)	<u>2</u>	<u>I</u>

1 Provide code reference if the "Show on Plans" quantity is not based on Table 504.3 or 504.4.
2 The maximum height of air traffic control towers must comply with Table 412.3.1
3 The maximum height of open parking garages must comply with Table 406.5.4

PERCENTAGE OF WALL OPENINGS CALCULATIONS			
FIRE SEPARATION DISTANCE (FEET FROM PROPERTY LINES)	DEGREES OF OPENINGS PROTECTION (TABLE 705.8)	ALLOWABLE AREA (%)	ACTUAL SHOWN ON PLANS (%)

BUILDING ELEMENT	FIRE SEPARATION DISTANCE (FEET)	REQ'D	FIRE PROTECTION REQUIREMENTS			
			RATING	DETAIL # AND SHEET #	DESIGN # FOR RATED ASSEMBLY	DESIGN # FOR RATED PENETRATION
Structural Frame, including columns, girders, trusses						
Bearing walls Exterior						
North						
East						
West						
South						
Interior						
Nonbearing walls and Partitions						
Exterior walls						
North						
East						
West						
South						
Interior walls and partitions						
Floor construction including supporting beams and joists						
Roof construction including supporting beams and joists						
Roof construction including supporting beams and joists						
Roof ceiling Assembly						
Column supporting roof						
Shafts Enclosures - Exit						
Shafts Enclosures - Other						
Corridor Separation						
Occupancy/Fire Barrier Separation						
Party/Fire Wall Separation						
Smoke Barrier Separation						
Tenant/Dwelling Unit/Sleeping Unit Sep						
Incidental Use Separation						

* Indicate section number permitting reduction

PERCENTAGE OF WALL OPENINGS CALCULATIONS			
FIRE SEPARATION DISTANCE (FEET FROM PROPERTY LINES)	DEGREES OF OPENINGS PROTECTION (TABLE 705.8)	ALLOWABLE AREA (%)	ACTUAL SHOWN ON PLANS (%)

LIFE SAFETY SYSTEM REQUIREMENTS
Life Safety Plan Sheet #: G1 (2/G1)
 Fire and/or smoke rated wall locations (Chapter 7)
 Assumed and real property line locations (if not on the site plan)
 Exterior wall opening area with respect to distance to assumed property lines (705.8)
 Occupancy types for each area as it relates to occupant load calculation (Table 1004.1.2)
 Occupant loads for each area
 Exit access travel distance (1017)
 Common path of travel distances (1006.2.1 & 2006.3.2(1))
 Dead end lengths (1020.4)
 Clear exit widths for each exit door
 Maximum calculated occupant load capacity each exit door can accommodate based on egress width (1005.3)
 Actual occupant load for each exit door
 A separate schematic plan indicating where fire rated floor/ceiling and/or roof structure is provided for purposes of occupancy separation and supporting construction for a fire barrier/fire partition/smoke barrier.
 Location of doors with panic hardware (1010.1.10)
 Location of doors with electromagnetic egress locks (1010.1.9.9)
 Location of emergency escape windows (1030)
 The square footage of each fire area (202)
 The square footage of each smoke compartment for Occupancy Classification I-2 (407.5)
 Note any code exceptions or table notes that may have been utilized regarding the items above

ENERGY REQUIREMENTS:
The following data shall be considered minimum and any special attribute required to meet the North Carolina Energy Conservation Code shall also be provided. Each Designer shall furnish the required portions of the project information for the plan data sheet. If performance method, state the annual energy costs for the standard reference design vs. annual energy cost for the proposed design.
Existing building envelope complies with code: No Yes (the remainder of this section is not applicable)
Existing building: No Yes (Provide Code or Statute reference)
Existing building: No Yes (Provide Code or Statute reference)
Climate Zone: 3A 4A 5A
Method of Compliance: Energy Code Performance Prescriptive
ASHRAE 90.1 Performance Prescriptive
(if "Other" specify source here) _____
THERMAL ENVELOPE (Prescriptive method only)
Roof/Ceiling Assembly (each assembly)
Description of assembly: _____
U-Value of total assembly: _____
R-Value of insulation: _____
Skylights in each assembly: _____
U-Value of skylight: _____
Total square footage of skylights in each assembly: _____
Exterior Walls (each assembly)
Description of assembly: _____
U-Value of total assembly: _____
R-Value of insulation: _____
Openings (windows or doors with glazing)
U-Value of assembly: _____
Solar heat gain coefficient: _____
Projection factor: _____
Door R-Values: _____
Walls below grade (each assembly)
Description of assembly: _____
U-Value of total assembly: _____
R-Value of insulation: _____
Floors over unconditioned space (each assembly)
Description of assembly: _____
U-Value of total assembly: _____
R-Value of insulation: _____
Floor slab on grade
Description of assembly: _____
U-Value of total assembly: _____
R-Value of insulation: _____
Horizontal/Vertical requirement: _____
R-Value of insulation: _____
Slab Heated: _____

LOT OR PARKING AREA	ACCESSIBLE PARKING (SECTION 1106)					TOTAL # ACCESSIBLE PROVIDED
	REQUIRED	PROVIDED	REGULAR WITH 5' ACCESS AISLE	VAN SPACES WITH 132" ACCESSIBLE AISLE	ACCESSIBLE WITH 5' ACCESS AISLE	
EXISTING AS REQ'D						
TOTAL						

USE	PLUMBING FIXTURE REQUIREMENTS (TABLE 2902.1)					
	WATER CLOSETS	URINALS	LABORATORIES	SHOWERS/TUBS	DRINKING FOUNTAINS	
SPACE	EXISTING	MALE	FEMALE	UNISEX	REGULAR	ACCESSIBLE
	NEW					
	REQUIRED					

SPECIAL APPROVALS

Special approval: (Local Jurisdiction, Department of Insurance, SCO, DPI, DHHS, ICC, etc., describe below)

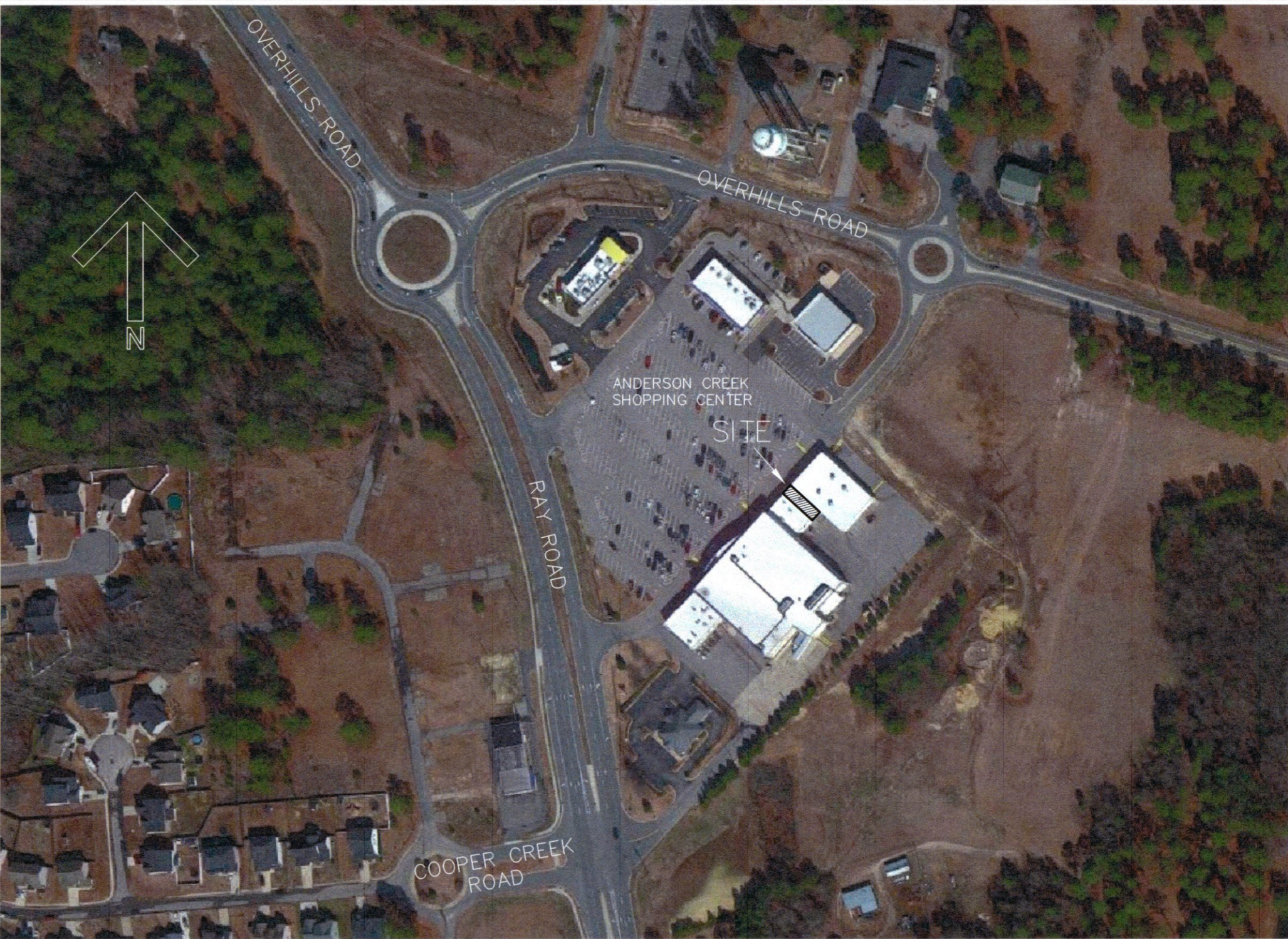
STRUCTURAL DESIGN (PROVIDE ON THE STRUCTURAL SHEETS IF APPLICABLE)
DESIGN LOADS:
Importance Factors: Snow (I_s) 1.0
Snow (I_s) 1.0
Roof 20 psf
Mezzanine 100 psf
Floor 100 psf
Ground Snow Load: 10 psf
Ultimate Wind Speed Exposure Category 120 mph (ASCE-7)

SEISMIC DESIGN CATEGORY: A B C D
Provide the following Seismic Design Parameters:
Risk Category (Table 1604.5) I II III IV
Spectral Response Acceleration A B C
Data Source: Field Test Presumptive Historical Data
Basic structural system
 Building Frame Dual w/Intermediate R/C or Special Steel Moment Frame Inverted Pendulum Simplified Equivalent Lateral Force Dynamic
Analysis Procedure:
Architectural, Mechanical, Components anchored? Yes No
LATERAL DESIGN CONTROL: Earthquake Wind
SOIL BEARING CAPACITIES: Field Test (provide copy of test report) _____ psf
Presumptive Bearing Capacity _____ psf
Pile size, type, and capacity _____ psf

SHELL VARIABLE FORM (for all spaces - see plan)
(This section required for ALL SHELL ALTERATIONS TO SHELL AND INTERIOR COMPLETION PROJECTS)
Check each applicable line to match scope of work. Edit as necessary to provide clear detail of installation.
Mechanical
 No work
 Equipment set with without power
 Trunk line installed with without outlets
 Gas Line
 Install complete operational system
Other _____
Plumbing
 No work
 Install water service and sewer
 Install building drain and or water distribution main with without branches
 Install complete plumbing system
Other ROUGH-INS ARE INCOMPLETE, ADD IN-SLAB WORK IS REQUIRED. WATER SERVICE IS EXISTING (PRESENTLY INSTALLED).
Sprinkler
 Install complete sprinkler system
Building
 Install slab partial complete
 Install demising walls
 Install interior partitioning partial complete
 Install Ceilings
 White box (additional interior completion permits are required for Certificate of Occupancy and power)
Other _____
Electrical
 House panel
 Service laterals to meter centers/panels located on buildings
 Demise wall end ceilings only
 Conduit, duct, raceway in slab
 Power and lighting circuits to "J" Box
 Install light fixtures
 Install Heat/Air Elevator Generator Parking lot lighting
 Install complete system
Other SUITE PANEL AND SERVICE ARE EXISTING (PRESENTLY INSTALLED).
Please provide full information on any alternate methods and means incorporated into the design of this project. Provide specific details and incorporate into plan submittal any supporting documents or agreement.

SPECIAL INSTRUCTIONS (CHAPTER 17)
SPECIAL INSPECTIONS SHALL BE CONDUCTED ON ALL PROJECTS SUBJECT TO SPECIAL INSPECTIONS AS PRESCRIBED BY REVISED SECTION 1704.
To schedule a required pre-construction meeting with the City of Fayetteville, please call Doug Maples at (910) 433-1703. The main line number for the Development Services Center is (910) 433-1701.
List whom will inspect the required special inspections:
Fabricator of load bearing components _____
Soil tests _____
Concrete, caissons, piles, pier, pre-cast _____
Post tension concrete _____
Modular construction _____
Steel and connections, welds, bolts, anchors _____
Fire spray tests _____
Smoke control _____
Seismic, wind designs, Quality Assurance _____
Retaining walls _____
Masonry _____
Wood _____
Alternate Methods _____
EIFS _____
Other (describe) _____
Other (describe) _____
Owner or agent _____

SPECIAL APPROVALS:
Special approval: (Local Jurisdiction, Department of Insurance, SCO, DPI, DHHS, ICC, etc., describe below)



COUNTY OF HARNETT
2018 APPENDIX B
BUILDING CODE SUMMARY
for:

INTERIOR UPFIT PLAN
MINDFUL THERAPY
3266 RAY ROAD
SPRING LAKE, NORTH CAROLINA
28390



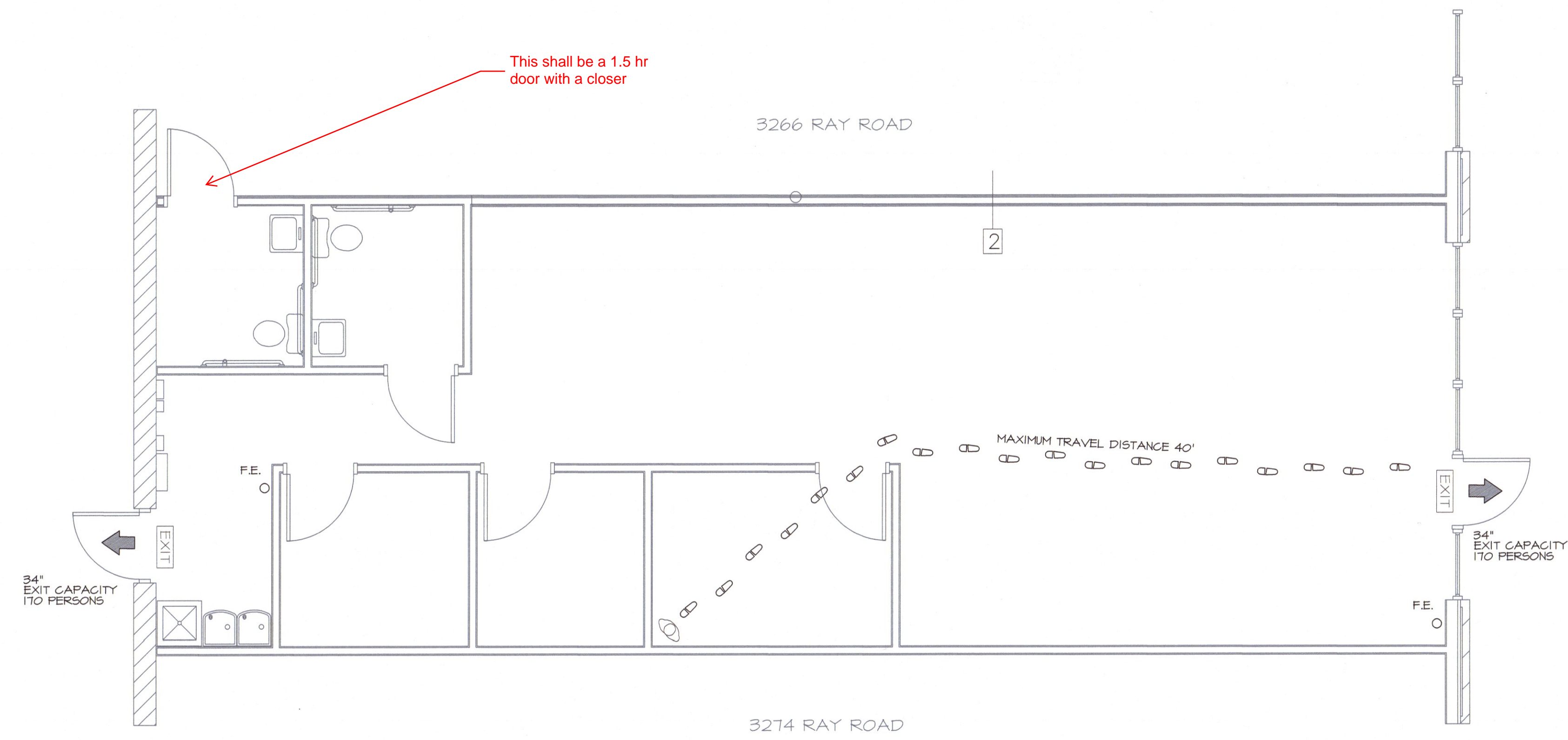
REVISIONS
10-18-22 NOTE FIRE SF, 40 MIN

GEORGE M. ROSE, P.E.
 P.O. BOX 53441
 FAYETTEVILLE, NC 28305
 O 910-485-5822 M 910-977-5822 EMAIL george@gmrpe.com

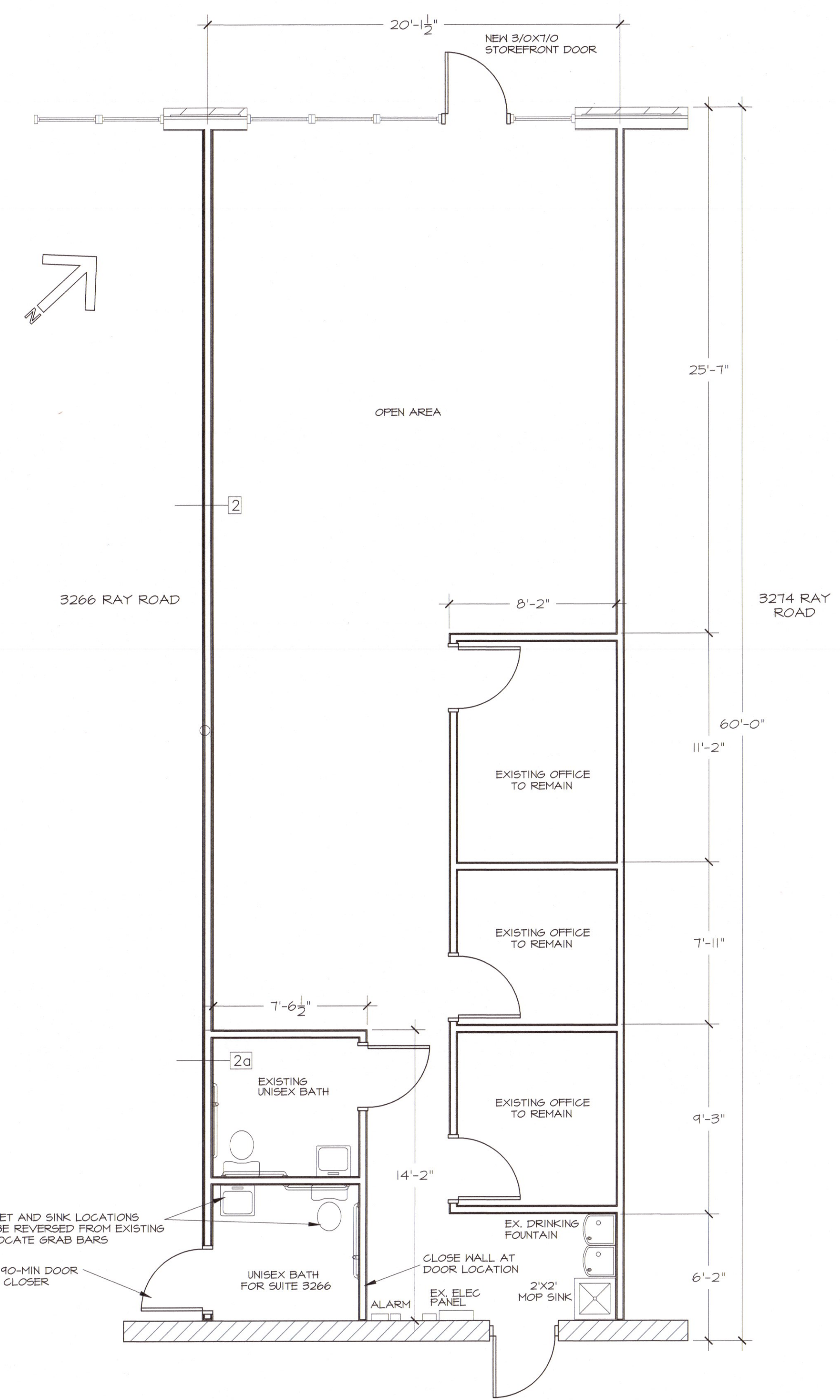
INTERIOR UPFIT PLAN
MINDFUL THERAPY SPRING LAKE, NC
 3268 RAY ROAD
 FLOOR PLANS AND LIFE SAFETY PLAN

DATE: SEP 2022
 DRAWN BY: GMR
 CHECKED: GMR
 SCALE: NOTED

SHEET NO.
G1



2
61
 LIFE SAFETY PLAN
 1/4" = 1' - 0"



1
61
 FLOOR PLAN
 1/4" = 1' - 0"

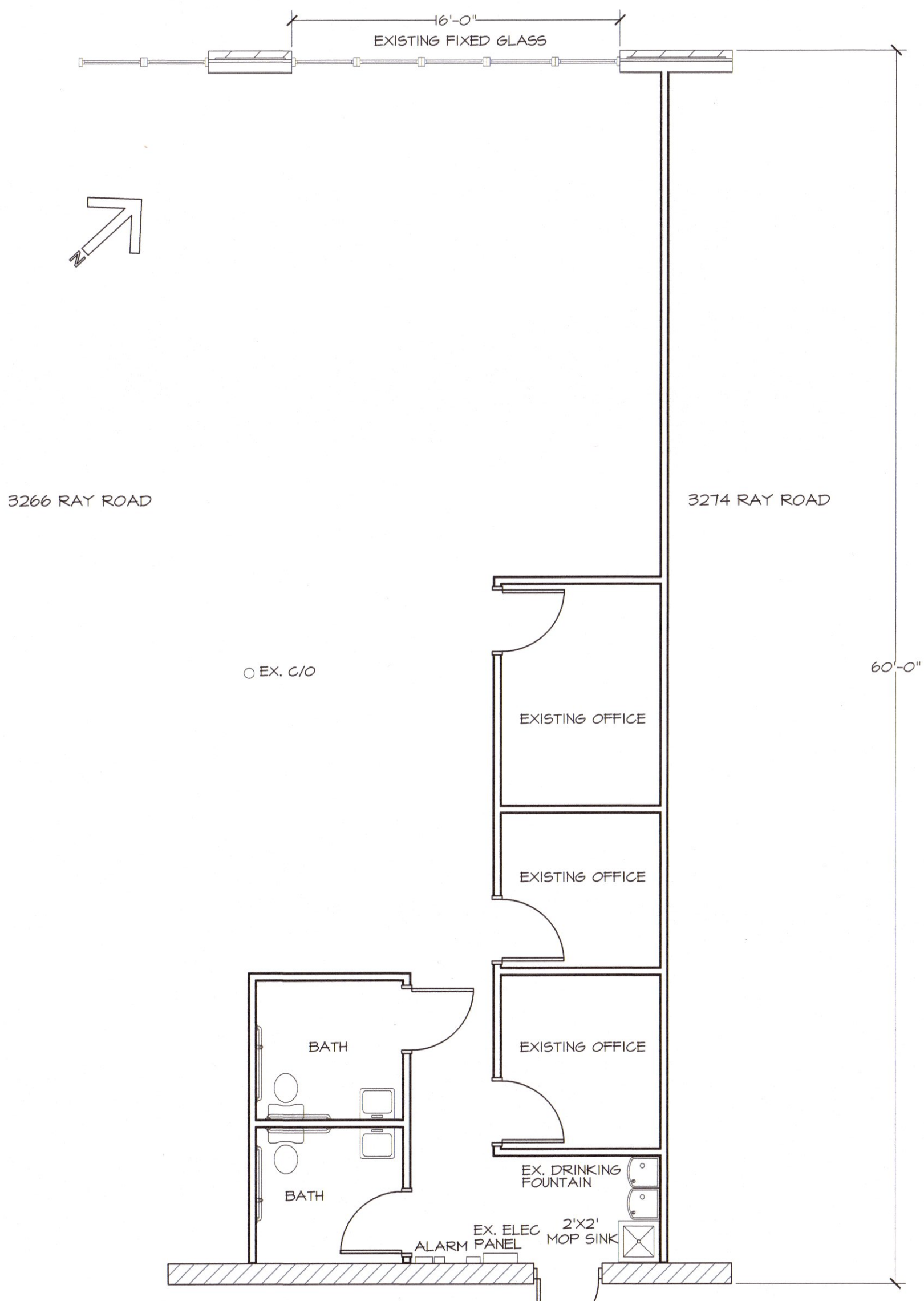


OCCUPANCY AND LIFE SAFETY INFORMATION

GROSS EXTERIOR SQUARE FOOTAGE OF UPFIT = 1208 SF
 TYPE OF CONSTRUCTION: III-B
 SPACE OCCUPANCY BY GROSS EXTERIOR SF USING TABLE 1004.1.2
 BUSINESS: 1208 SF/100 SF PER PERSON = 12 PERSONS
 UNISEX TOILETS REQUIRED = 1 PER 25 UNISEX = 1 TOTAL (1 PROVIDED)
 UNISEX LAVATORIES REQUIRED = 1 PER 40 = 1 TOTAL (1 PROVIDED)
 MAXIMUM ALLOWABLE TRAVEL DISTANCE: 200 FEET (PER 1017)
 THE COMMON PATH OF TRAVEL IS LESS THAN 75 FEET. (PER 1021.8)
 THERE ARE NO DEAD END CORRIDORS OVER 20 FEET. (PER 1020.4)
 MIN. NO. OF EXITS REQ'D: ONE (PER TABLE 1006.2.1)
 NUMBER OF EXITS PROVIDED: TWO (EXISTING)
 MAXIMUM PATH OF TRAVEL = 30 FEET
 DOORS DO NOT PANIC HARDWARE. (PER 1010.1.10)
 DOORS DO NOT HAVE DELAYED EGRESS LOCKS (PER 1010.1.9.6.2)
 DOORS DO NOT HAVE ELECTROMAGNETIC EGRESS LOCKS (PER 1010.1.9.4)
 DOORS DO NOT HAVE HOLD OPEN DEVICES.
 THERE ARE NO EMERGENCY ESCAPE WINDOWS (PER 1030)
 THIS SPACE IS PROTECTED BY AN EXISTING FIRE SPRINKLER SYSTEM.
 EGRESS ILLUMINATION PROVIDED AT EACH EXIT (PER 1008)
 NO. OF FIRE EXTINGUISHERS PROVIDED: 2 TOTAL
 PROVIDE FIRE EXTINGUISHERS UNDER THE FOLLOWING CONDITIONS:
 1. WITHIN 30' OF COMMERCIAL COOKING EQUIPMENT
 2. IN AREAS WHERE FLAMMABLE OR COMBUSTIBLE LIQUIDS ARE STORED, USED OR DISPENSED.
 3. WHERE REQUIRED BY SECTIONS IN TABLE 906.1, N.C. BUILDING CODE
 4. SPECIAL-HAZARD AREAS WHERE REQUIRED BY FIRE CODE OFFICIAL.

LEGEND

- NEW INTERIOR WALL TO ROOF DECK
 20 GA 3-5/8" METAL STUDS AT 16" O.C.
 TWO LAYER 5/8" SHEETROCK INTERIOR SIDE
 R-15 BATT INSULATION
 2-HOUR FIRE RATINGS PER UL 1418
- EXISTING WALL TO APPROX. 10' HEIGHT
 EXTEND TO ROOF DECK AND ADD SHEETROCK
 TO CREATE 2-HOUR FIRE RATINGS PER UL 1418
- R-15 BATT INSULATION
 2-HOUR FIRE RATINGS PER UL 1418
- EXIT ROUTE
- 34" EXIT WIDTH
- F.E. ○ ABC FIRE EXTINGUISHER SUGGESTED LOCATION



3
61
 EXISTING FLOOR PLAN
 3/16" = 1' - 0"



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 295 LOCKLEAR RD
 P.O. Box 1117
 Spring Lake, NC 27213
 Phone: 910-821-2213
 Fax: 910-821-7213
 www.coastalplainseng.com

MINDFUL THERAPY
 3268 RAY RD
 SPRING LAKE, NC

DRAWINGS AND THE DESIGN ARE THE PROPERTY OF THE ENGINEER. WHETHER THE PROJECT FOR WHICH THEY ARE PREPARED IS COMPLETED OR NOT, THE DRAWINGS SHALL NOT BE USED BY THE PROJECT OWNER OR ANYONE ELSE FOR ANY OTHER PROJECT.

ADA AND LEGAL DISCLAIMER
 THIS DOCUMENT IS INTENDED TO COMPLY WITH THE REQUIREMENTS OF THE AMERICANS WITH DISABILITIES ACT (ADA). ARCHITECTS AND ENGINEERS ARE NOT LICENSED TO INTERPRET LAWS OR THE RULES CONCERNING LAWS OR LEGAL MATTERS. THE OWNER SHOULD HAVE THIS DOCUMENT REVIEWED BY HIS ATTORNEY TO DETERMINE IF IT COMPLES ADA AND OTHER LAWS.

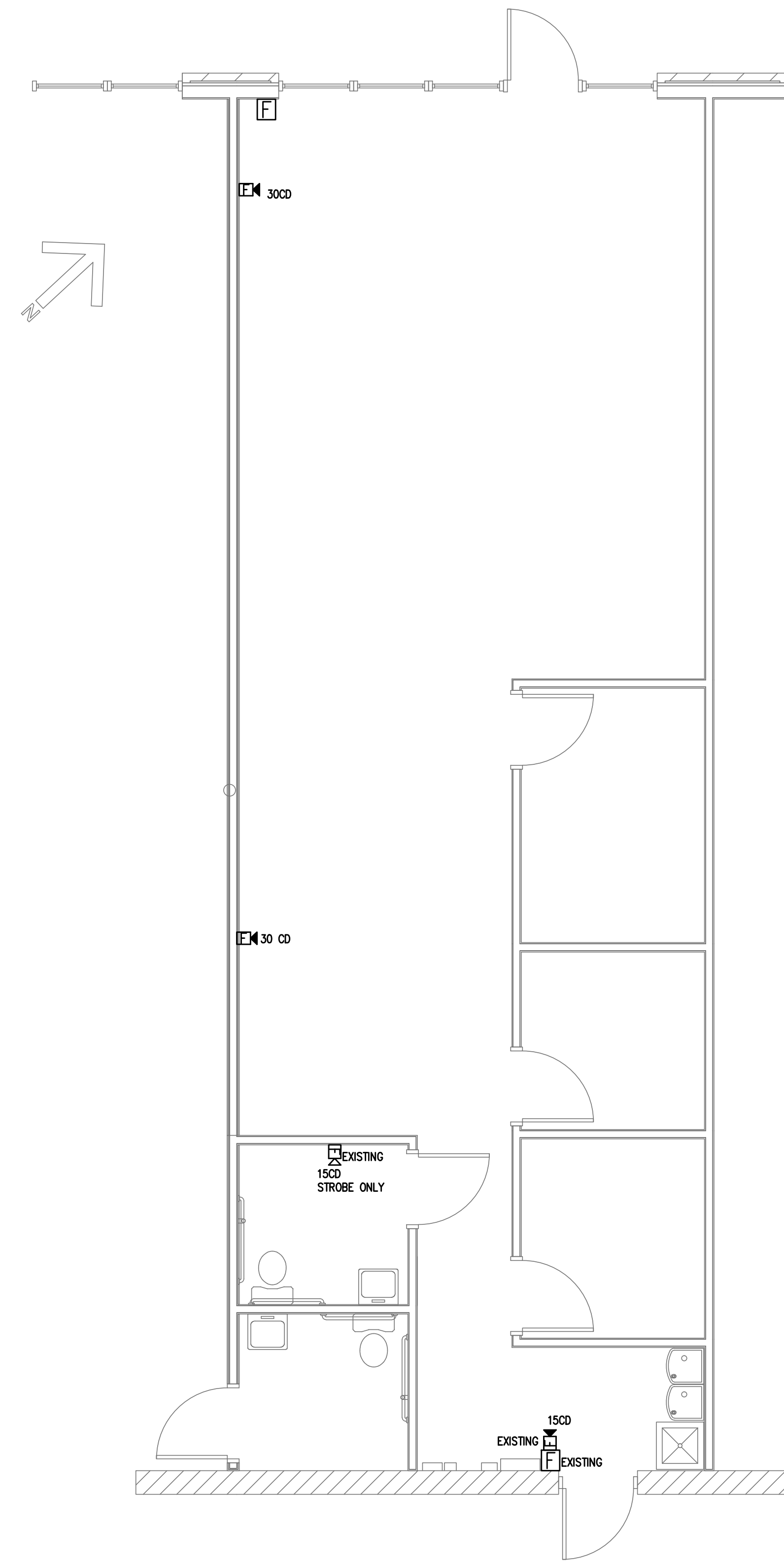
PROJECT NO: 2022-171
 DRAWN BY: CSL
 DATE: 10-13-22
 REVISIONS:

SHEET NO:
FA-1

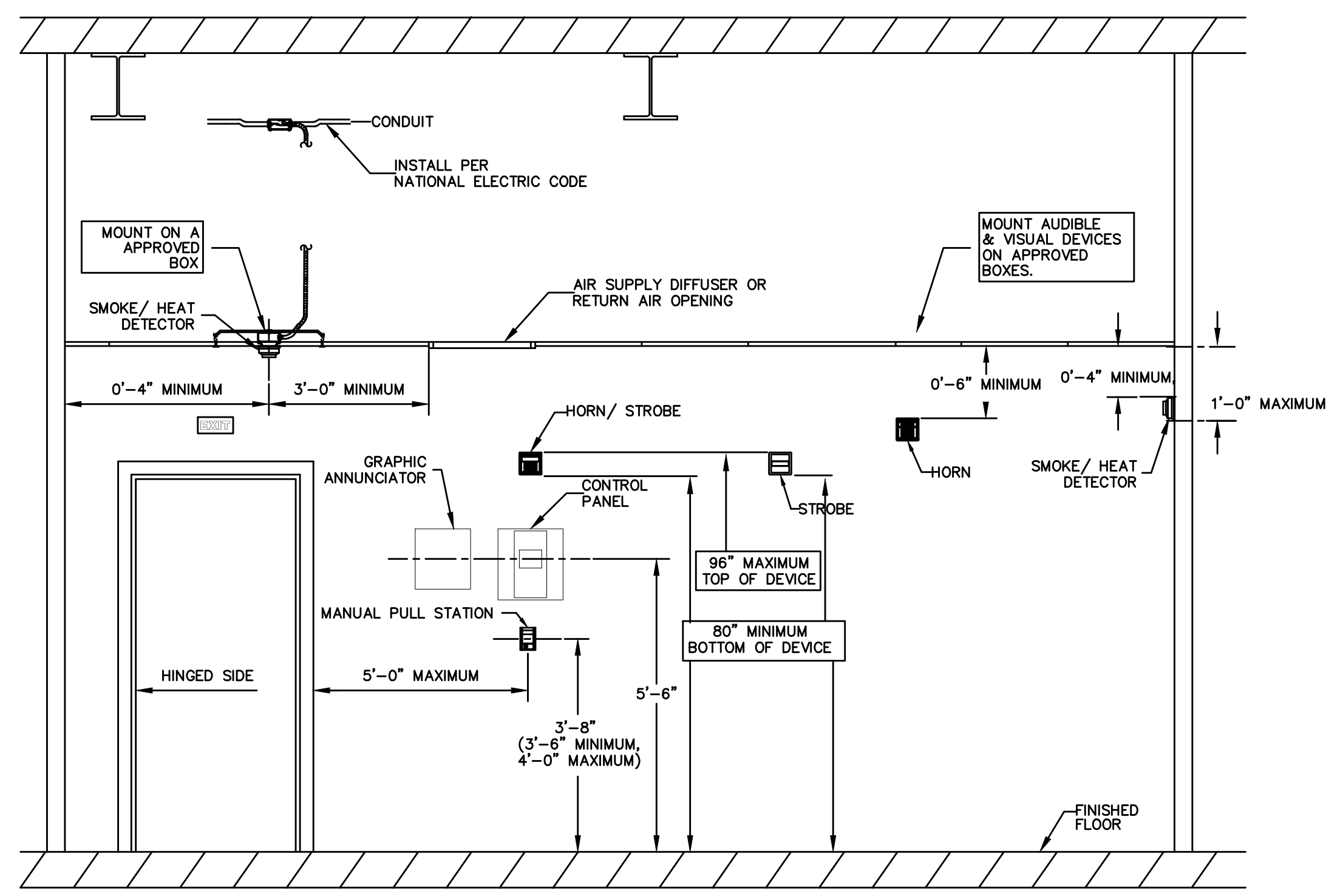
NFPA 72 AND ADA DEVICE INSTALLATION REQUIREMENTS

FIRE ALARM NOTES

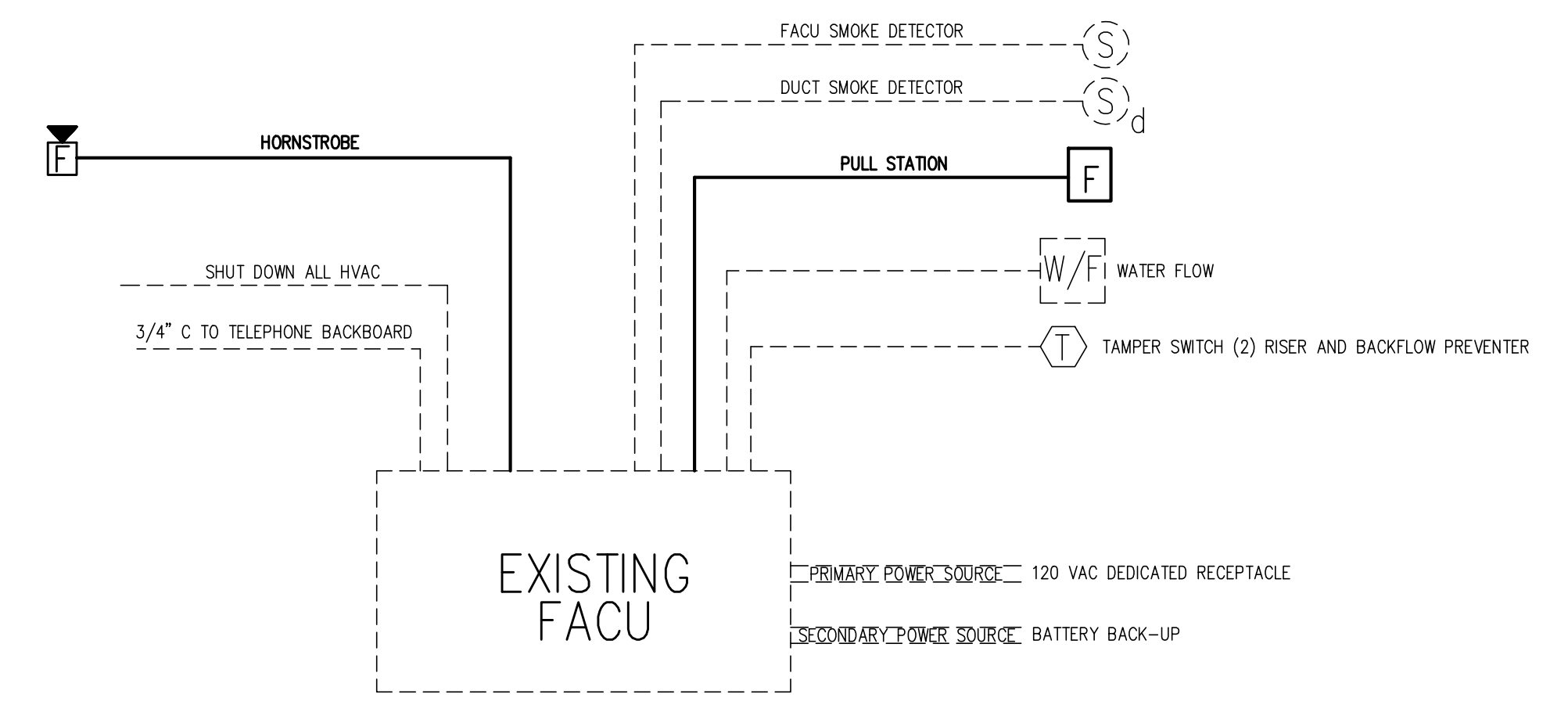
- FIRE ALARM CONTROL PANEL (FACP) SHALL BE FCI, NOTIFIER OR FIRELITE SELF CONTAINED W/ DIGITAL COMMUNICATOR AND MODULES TO ACCOMPLISH THE FUNCTIONS SPECIFIED HEREIN. PANEL SHALL HAVE SEALED, MAINTENANCE-FREE, LEAD-CALCIUM BATTERY BACKUP WITH CAPACITY TO POWER DEVICES SHOWN FOR TIME REQUIRED. PROVIDE BATTERY AND VOLTAGE DROP CALCULATIONS. PANEL SHALL BE ADDRESSABLE SURFACE OR SEMI-RECESSED AS INDICATED. INSTALL LIGHTNING ARRESTORS AT CIRCUIT BREAKER IN PANEL SERVING FIRE ALARM. PROVIDE ADDITIONAL POWER EXTENDERS AS NEEDED TO POWER DEVICES SHOWN.
- PULL STATIONS SHALL BE BY SYSTEM MANUFACTURER
- AUDIO VISUAL HORN-STROBES, SHALL BE RED, WALL OR CEILING MOUNTED, ADJUSTABLE FOR CD SHOWN.
- SPACE AND DUCT MOUNTED SMOKE DETECTORS SHALL BE BY SYSTEM MANUFACTURER.
- CONDUCTORS, SIGNALING AND NOTIFICATION, SHALL BE COPPER TYPE FPLP UL LISTED FOR FIRE ALARM. PERMANENT WIRE MARKERS SHALL BE USED TO IDENTIFY ALL SPLICES AND TERMINATIONS FOR EACH CIRCUIT. IDENTIFICATION FOR ALL SPLICES SHALL INDICATE WHICH CONDUCTOR LEADS TO THE CONTROL PANEL. SYSTEM SHALL BE NFPA CLASS B WIRING.
- NFPA 72 CERTIFICATION FOR SYSTEM SHALL BE PROVIDED FROM INSTALLER / SUPPLIER OF EQUIPMENT. PROVIDE INSTRUCTION MANUALS AND INSTRUCTION TO OWNER PERSONNEL.
- A TEST DEMONSTRATION SHALL BE PROVIDED FOR BUILDING OFFICIALS AS REQUIRED TO PROVIDE A PERMITTED SYSTEM.
- FIRE ALARM INSTALLER / SUPPLIER SHALL OBTAIN ALL PERMITS REQUIRED FOR CONSTRUCTION AND OCCUPANCY.



1 FIRE ALARM PLAN
 1/4"=1"



2 MOUNTING DETAILS
 N.T.S.



3 FIRE ALARM RISER DIAGRAM
 N.T.S.

OVERALL MATRIX

FIRE ALARM SYSTEM INPUT/OUTPUT MATRIX	SYSTEM OUTPUTS																									
	FACP ANNUNCIATION										NOTIFICATION					REQUIRED FIRE SAFETY CONTROL										
	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	
1 FIRE ALARM SYSTEM AC POWER FAILURE																										
2 FIRE ALARM SYSTEM LOW BATTERY																										
3 OPEN CIRCUIT																										
4 GROUND FAULT																										
5 NOTIFICATION APPLIANCE CIRCUIT SHORT																										
6 BUILDING MANUAL PULL STATIONS																										
7 SPRINKLER TAMPER SWITCH																										
8 SPRINKLER WATER FLOW IN BUILDING																										